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ABSTRACT

This bibliography of health education materials and supplemental information was compiled to aid teachers at all levels in locating sources of information in the field of health education. Organized on the basis of five strands suggested by the Bureau of School Health Education, New York State Education Department, notations are presented under topics entitled: Physical Health, Sociological Health Problems, Mental Health, Environmental and Community Health, and Education for Survival. Information is included relative to title, source, publication date, type of material, cost, and grade level. A brief annotation for each item is also given. (BL)

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BURNT HILLS-BALLSTON LAKE CENTRAL SCHOOLS

HEALTH EDUCATION

A Bibliography

Grades K-12

1969

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BURNT HILLS-BALLSTON LAKE CENTRAL SCHOOLS

BIBLIOGRAPHY ON HEALTH EDUCATION

During the summer of 1969 two teachers, Mrs. Jeanne Ferrante and Mr. Walter Brandt of the professional staff, compiled this bibliography of materials on health education. The bibliography includes information relative to title, source, publication date, type of material, cost, grade level and location, as well as brief annotations.

The grade levels are designated as follows:

Primary, grades K-3

Intermediate, grades 4-6

Secondary, grades 7-12

Teacher, reference for teachers

In organizing the bibliography the five strands suggested by the Bureau of School Health Education of the State Education Department were used. These strands are:

I. Physical Health

II. Sociological Health Problems

III. Mental Health

IV. Environmental and Community Health

V. Education for Survival

It is hoped that this bibliography and its supporting information will prove to be useful to teachers at all levels who wish to locate sources of information in the field of health education.

H. Edgar Pray
Assistant Superintendent
for Instruction

HEP:s

9/69

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STRAND I - INDIVIDUAL HEALTH STATUS

Title, Source, Publication Date	Type, Cost, Grade Level, Location
1. "The Wonderful Human Machine" American Medical Assn., 1961	Booklet, 56 pages, 45¢, Intermediate, Secondary, Students, Teachers

Illustrated booklet divided into sections. Entertaining and educational book about the anatomy and physiology of the body.

2. "Eyes That See and Ears That Hear" John Hancock Mutual Life Ins. Co., 1954	Pamphlet, Free, Intermediate, Secondary, Students, Teachers

Tells all about eyes and ears. Shows simple diagram of each and tells some anatomy plus diseases of each.

3. "Human Anatomy" Upjohn Co.	Booklet, Free, Intermediate, Secondary, Students, Teachers

16 full color illustrations of the human body. Good feature is a tear out section that puts the parts of the body in relative position.

4. "Facts You Should Know About Health Quackery" Boston Better Business Bureau, 1967	Booklet, 15¢, Intermediate, Secondary, Students, Teachers

Contains facts concerning methods of obtaining good health and grooming. Looks into many common misconceptions about health status and gives the correct information.

5. "Suture Use Manual" Ethicon Inc., Somerville, N.J., 1968	Booklet, Free, Secondary - Students, Teachers, Intermediate - Teachers

The title of this booklet is misleading as there is nothing about suturing in it. The purpose of it is to present normal anatomy and explain primary functions of the human body systems. There are many excellent diagrams of all body systems. A very good reference.

6. "About Your Heart and Your Bloodstream" Heart Association, Hudson Falls, 1967	Pamphlet, Free, Intermediate, Secondary, Students, Teachers, District Library

Simple and yet rather complete discussion of the connection and interaction of the human cells, the bloodstream, and the heart. Has good diagrams. Has been used by 5th grade teachers in our district in one school and well received.

STRAND I - INDIVIDUAL HEALTH STATUS

Title, Source, Publication Date	Type, Cost, Grade Level, Location
7. "Your Heart and How It Works" Heart Assn., Hudson Falls, 1967	Pamphlet, Free, Intermediate, Secondary - Students, Teachers

One sheet with a very clear and concise diagram of the human heart along with an explanatory text. Excellent for teaching the function of the heart. Could be used on overhead projector, or as a hand-out.

8. "The Circulatory System" Heart Assn., Hudson Falls, 1968	Pamphlet, Free, Intermediate, Secondary - Students, Teachers, District Library

A one page diagram of the human circulatory system. Suitable for hand-out or overhead projector

9. "A Note to Parents About Innocent Heart Murmers in Children", Heart Assn., Hudson Falls, 1967	Pamphlet, Free, Intermediate, Secondary, - Students, Teachers, District Library

Helps the teacher or parent explain the cause of innocent, functional heart murmers. Reassuring to all concerned when this problem arises.

10. "Heart Puzzle" Heart Assn., Hudson Falls, 1968	Panphlet, Free, Intermediate - Students, Teachers, District Library

Designed for use by children, this puzzle attempts to teach the youngster the direction of blood flow in the heart. The child uses stick-on arrows to trace the path.

11. "Blood and the Nation's Health" American Red Cross - Schenectady 1968	Booklet, Free, Intermediate - Teachers, Secondary - Students, Teachers, District Library

Contains a very complete collection of current, medically sound information on blood, its make up, uses, and problems. Excellent teacher source of information.

12. "The Story of Blood" American Red Cross - Schenectady, 1968	Booklet, Free, Intermediate, Secondary - Students, Teachers, District Library

Describes very well the make up of blood, the function and other areas of information concerning human blood. Very good information and written in lay terms for easy understanding.

STRAND I - INDIVIDUAL HEALTH STATUS

Title, Source, Publication Date	Type, Cost, Grade Level, Location
13. "The Fight Against VD" N.Y.S. Ed. Dept., 1968	Booklet, Free, Intermediate - Students, Teachers, District Library

This is the teacher's manual for the filmstrip, "The fight Against VD". The filmstrip is a good secondary level presentation and should be of interest to intermediate teachers. The guide is for teacher use only and includes all the photos and narration included in the filmstrip.

14. "What You Should Know About Gonorrhea", N.Y.S. Dept. of Health, 1968	Booklet, Free, Intermediate - Teachers, Secondary-Teachers, Students District Library

Discusses courses and treatment of this most common of all venereal diseases.

15. "The Way to A Man's Heart" American Health Assn., N.Y. 1968	Pamphlet, Free, Intermediate-Teachers, Secondary-Students, Teachers District Library

Discusses cholesterol and fat in the diet and its causative effect in hardening of the arteries. Well written. Covers meal plans to reduce the risk of heart attack.

16. "What You Should Know About Syphilis" N.Y.S. Dept. of Health, 1968	Booklet, Free, Intermediate-Teachers only, Secondary-Teachers, Students District Library

Discussion of causes and treatment of this very common venereal disease.

17. "Cataract-Shadows That Need Not Be" National Assn. for the Prevention of Blindness" 1969	Pamphlet, Free, Intermediate, Secondary-Students, Teachers District Library

Contains a complete description of the causes, treatment for and post operative therapy for cataracts of the eyes. Excellent summary of a problem facing people of all ages.

18. "Good Teeth for Good Health and Good Looks" N.Y.S. Ed. Dept., 1968	Pamphlet, Free, Intermediate, Secondary-Students, Teachers District Library

Discusses importance of good teeth with particular emphasis on care of children's teeth and prevention of decay.

STRAND I - INDIVIDUAL HEALTH STATUS

Title, Source, Publication Date	Type, Cost, Grade Level, Location
19. "Student Worksheets for Health and Nutrition Lesson Plans, N.Y.S. Ed. Dept., 1968	Booklet, Free, Intermediate, Secondary-Teachers, District Library

82 pages of worksheets on health and nutrition problems that are designed to be copied and used in the class. Covers a wide range of health topics.

20. "Your Children's Teeth and Flouride", N.Y.S. Ed. Dept., 1969	Pamphlet, Free, Intermediate, Secondary-Students, Teachers District Library

Briefly describes what flouride will do, what it won't do, what it costs, and what can be done to see that your community gets flouridated water.

21. "Its Up To You", Bureau of Health Ed. N.Y.S. Ed. Dept, 1969	Pamphlet, Free, Intermediate, Secondary-Teachers, District Library

Describe 6 video tapes available to teach teachers how to present material in the areas of evaluating health, total fitness, dental health, how we perceive, variations in vision, how how we hear.

22. "How to Avoid Constipation" Warner-Chilcott-Morris Pl., N.J., 1967	Booklet, Free, Intermediate, Secondary-Students, Teachers, District Library

Gives a better understanding of how the bowels move, how constipation is caused, and the methods of overcoming the difficulty.

23. "How to Get Rid of Calories You'll Never Miss", Strasenburgh Laboratories, 1968	Booklet, Free, Intermediate, Secondary-Students, Teachers, District Library

Lists common foods plus a substitute for each showing the calorie saving by substitution. Includes a sheet for recording calorie savings.

24. "Successful Weight Control" Mead-Johnson, 1968	Booklet, Free, Intermediate, Secondary-Students, Teachers, District Library

Provides a basic understanding of the many problems and individual considerations involved in a weight control program. Discusses causes of overweight, reasons for proper weight and the role of the physician. Includes

STRAND I - INDIVIDUAL HEALTH STATUS

Title, Source, Publication Date	Type, Cost, Grade Level, Location
25. "Dieting in Good Taste", Mead-Johnson, 1968	Booklet, Free, Intermediate, Secondary-Students, Teachers District Library

28 page booklet that contains 39 receipts for diet meals. Also discusses calorie counting and gives samples of daily diets for weight education.

26. "A Guide to Good Eating" National Dairy Council	Pamphlet, Free, Intermediate, Secondary-Students, Teachers District Library

This is a one-page item, that describes and gives examples of the basic four food groups.

27. "Good Grooming Guide for Busy Guys", Winthrop Laboratories, 1966	Booklet, Free, Intermediate, Secondary-Students, Teachers District Library

28. "Hair Do's and Don'ts", Winthrop Laboratories, 1968	Booklet, Free, Intermediate, Secondary-Students, Teachers District Library

Written basically for girls covering hair care, and methods of selecting correct hair style that will be most attractive. Plugs Winthrop Products.

29. "Teen Aged - Have Acne?" Winthrop Laboratories, 1967	Booklet, Free, Intermediate, Secondary-Students, Teachers District Library

Discusses quite completely the causes and cures of teen-age acne. Written for the student, but is a good teacher information source. Plugs Winthrop products.

30. "Facts About Figures" N.Y.S. Dept. of Health 1964-68 Revised	Booklet, Free, Intermediate, Secondary-Students, Teachers District Library

Discusses the problems of obesity and how to diet safely and control weight problems. Includes charts of height and weight plus activity charts and food value guides.

31. "How to Use Dental Floss" Johnson & Johnson, N.J.	Pamphlet, Free, Intermediate, Secondary-Teachers, Students

Describes importance of, types of, and method of properly using dental floss as an oral hygiene aid.

STRAND I - INDIVIDUAL HEALTH STATUS

Title, Source, Publication Date	Type, Cost, Grade Level, Location
32. "Personal Health Record of Illnesses, Immunizations and Tests" National Drug Co. 1968	Booklet, Free, Intermediate, Secondary-Students, Teachers District Library

A personal reference booklet to be filled out by the patient and the doctor, and then will act as a permanent health record for the person for future reference. Could be a good student project to have the chart completed up to date.

33. "Your Precious Ears" Warner-Chilcott, 1968	Booklet, Free, Intermediate, Secondary-Students, Teachers District Library

Covers anatomy and physiology of the ear, hearing and ear disorders, plus hygiene and care of the ears. Easy to read and quite complete.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
1. "Acne" N.Y.S. Dept. of Health, 1956	Pamphlet, Free, Intermediate, Secondary-Students, Teachers

A brief discussion of acne causes and what to do about it.

2. "Food Poisoning" N.Y.S. Dept. of Health, 1959	Pamphlet, Free, Intermediate, Secondary-Students, Teachers District Library

Describes causes of, plus 10 methods of preventing food poisoning. Good pass-out material during disease prevention or nutrition classes.

3. "What Teachers Should Know About Children With Heart Disease" American Heart Association, 1964	Booklet, Free, Primary, Intermediate, Secondary - Teachers, District Library

Presents causes of heart disease and how teachers should handle children who return to school afterwards - in layman language.

4. "Heart Disease in Children" American Heart Association, 1963	Booklet, Free, Intermediate, Secondary-Teachers, District Library

Describes causes of heart disease in children and care afterward. Would help teachers understand problems such children might have at school.

5. "What You Should Know About Rheumatic Fever", American Heart Association, 1969	Pamphlet, Free, Secondaty - Teachers, District Library

Tells what the disease is, causes, and other interesting facts. Background information for teachers might be helpful when discussing strep germs, etc.

6. "Rheumatic Fever", American Heart Association, 1968	Pamphlet, Free, Primary, Intermediate, Secondary-Teachers, District Library

Tells how to decide if your child has the possibility of strep throat and when to call the doctor.

7. "Guide for the Family of the Alcoholic" Kemper Insurance, 1968	Booklet, Free, Intermediate, Secondary-Students, Teachers, District Library

Discusses the problems of alcoholism from the standpoint of the alcholic's relationship with the family. Offers suggestions and tells of ala-non organization for alcholic's family.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
8. "Understanding Alcoholism" Albany County Mental Health 1967	Booklet, Free, Intermediate, Secondary-Students, Teachers District Library

This booklet provides basic general information about alcoholism. It describes the progressive nature of the illness, points up the importance of early diagnosis and treatment, and emphasizes the fact that alcoholism can be treated successfully.

9. "To Your Health" Div. of Alcoholism, N.Y.S. Dept. of Mental Hygiene, 1967	Pamphlet, Free, Intermediate, Secondary-Students, Teachers District Library

An excellent capsule presentation of alcoholism, its diagnosis and treatment. Includes sources for help and discusses reasons for total abstinence by the alcoholic.

10. "The Way To Go", Kemper Insurance Group, 1968	Booklet, Free, Secondary - Students, Teachers, District Library

An informative booklet for "responsible people who drink, who drive, and who may sometimes do both". Presents some facts and figures for thinking people.

11. "The Two Faces of Drinking" Bureau of Alcoholism, N.Y.S. Dept. of Mental Hygiene, 1968	Booklet, Free, Intermediate, Secondary - Students, Teachers District Library

Informative booklet - includes history of alcohol through the centuries, what it is, how it affects the body, and differences between the alcoholic and social drinker. Useful as resource material.

12. "It's Best To Know" Albany Council For Alcoholism, 1961	Booklet, Free, Intermediate, Secondary - Students, Teachers District Library

Comic book type material that includes almost everything there is to know about alcohol. Very interesting, contains many facts about body's ability to handle alcohol, etc., includes the 12 steps of A.A. Good source material as well as pass-out material.

13. "Thinking About Drinking" Supt. of Documents, U.S.Govt. Printing Office, 1968	Booklet, 20¢, Secondary - Students, Teachers District Library

Presents facts about alcohol and practical suggestions for handling your own nondrinking or responsible drinking, when time for a choice comes. Includes a true-false quiz. Good start for discussion where it asks questions and leaves out the answers.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
14. "How Alcohol Affects the Body" Rutgers U. Center of Alcohol Studies, 1955	Booklet, 15¢, Secondary - Students, Teachers, District Library

A comprehensive booklet that tells in detail what effect alcohol has on various body organs and why alcohol makes people drunk. Excellent source material in discussing a unit on alcohol effects.

15. "What To Do About The Employee With A Drinking Problem", Kemper Insurance, 1968	Booklet, Free, Intermediate-Teachers, Secondary-Students, Teachers, District Library

Designed as an aid to business and industry to show how excessive costs can be reduced and valued employees retained through updated policies and procedures which utilize current knowledge about the disease of alcoholism.

16. "Detour - Alcoholism Ahead" Kemper Insurance, 1968	Booklet, Free, Intermediate - Teachers, Secondary - Students, Teachers, District Library

A good resource for those who require a basic understanding of alcoholism; to enable them to identify the various signs and conditions of developing alcoholism. Highlights the fact that it is a treatable illness from which, with help, the sick person can successfully recover.

17. "Supervisor's Guide on Alcoholism", N.Y.S. Dept. of Mental Hygiene, 1968	Booklet, Free, Intermediate-Teachers, Secondary - Students, Teachers, District Library

This piece can serve as a good teacher reference to make awareness of how on-the-job drinking can be detected and the course the supervisor can take in attempting rehabilitation. This is the handbook for New York State workers.

18. "N. Y. State's Alcoholism Program", N.Y.S. Dept.of Mental Hygiene, 1968	Booklet, Free, Intermediate - Teachers, Secondary - Students, Teachers, District Library

Summarizes the program now in effect in New York State for the treatment of the alcoholic.

19. "Hospitalization for Alcoholism" N.Y.S. Dept. of Mental Hygiene, 1968	Booklet, Free, Intermediate - Teachers, Students, District Library

Covers information as to admission to and location of hospitals treating alcoholism in New York State.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
20. "What the Body Does With Alcohol" Center of Alcohol Studies, Rutgers U., 1968	Booklet, 15¢, Intermediate, Secondary - Students, Teachers, District Library

Contains scientific knowledge about alcohol and what happens to it in the drinker's body. This is an excellent source for clear, concise and complete information on this matter.

21. "Accurate and Unbiased Information About Alcoholic Beverages is Essential to the Total Education of Youth", Licensed Beverage Ind. of N.Y., 1968	Kit, Free, Intermediate or Secondary - Teachers, District Library

A kit containing 16 different pamphlets dealing with many areas of alcohol education. These include among others: a list of materials available without charge, pamphlets dealing with teacher effectiveness and types of programs* found to be most effective with teenagers. Excellent source.

*(Tries to show why school texts should not rely solely on the pharmacological effect of alcohol.)

22. "Handle With Care", N.Y.S. Education Dept., 1969	Booklet, Free, Intermediate, Secondary - Teachers, District Library

Describes a series of and video tapes designed to teach teachers to teach in the areas of: nature of drugs, history of drugs, attitudes towards drugs, nature of alcohol, alcohol misuse, nature of tobacco, nature of smoking, smoking and health. These tapes are designed for teacher use, not for use in the classroom.

23. "Drug Abuse", U. of State of N.Y., State Ed. Dept., 1968	Booklet, Free, Intermediate, Secondary - Teachers, District Library

Report on series of conferences held under the auspices of N.Y.S. Health Dept. to provide information on the use and abuse of narcotics, amphetamines, and hallucinatory drugs, to point up growing problems of addiction, and to alert those concerned to the extension of drug abuse in their areas. Provides much authoritative background on subject with minimum of duplication. Excellent resource material.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
24. "Second On-Site Study of the British Narcotic System", N.Y.S. Narcotics Addiction Control Com., Albany, 1967	Booklet, Free, Secondary - Teachers District Library

Describes British situation regarding narcotic addiction and how it has changed since the first report given in 1958. Interesting report as their situation and problems are still different from ours.

25. "Narcotics Legislation-A Total Approach", N.Y.S. Narcotics Addiction Control Com., 1967	Booklet, Free, Secondary - Teachers, District Library

Teacher background on 1966 N.Y. State narcotics program. Describes and defines it.

. "The Menace of Narcotics", N.Y. State Narcotic Addiction Control Com., 1966	Pamphlet, Free, Secondary - Teachers, District Library

Books and films available on narcotics law enforcement, addiction, treatment and rehabilitation. Books are available at public libraries.

26. "Narcotic Addiction and the Law in New York State", Narcotic Control Com., Albany, 1966	Booklet, Free, Secondary - Teachers, District Library

Tells what the laws of New York State dictate in terms of purpose, council on drug addiction NACC, powers and duties of NACC, hospital facilities, court certification of addicts, arrests, rehabilitation facilities - all related to narcotic addiction.

27. "The Attack on Narcotics" N.Y.S. Narcotic Addiction Control Commission, 1969	Booklet, Free, Secondary - Students, Teachers, District Library

New York's program for the <u>prevention</u>, <u>treatment</u>, and <u>Control</u> of narcotic addiction.

28. "What You Should Know About Drugs and Narcotics", The Associated Press, 1969	Soft Cover Book, Secondary - Students, Teachers, District Library

The title tells the story. A very complete, written-in-layman-language book. From- The drug scene in America, through what parents can do, law and drugs and the outlook for "mind" drugs - plus a bibliography of films available. Excellent.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
29. "Fighting Illegal Drug Traffic" Smith, Kline and French, 1968	Pamphlet, Free, Secondary - Students, Teachers, District Library

Tells how companies, legislation, education and personal responsibility can help fight illegal drug traffic. Use as source and reference.

30. "Drug Abuse: A Dead-end Street" Dir. of Health, P.E. and Recreation Yonkers Public Schools, 1967	Booklet, 20¢, Secondary - Students, Teachers, District Library

Directed toward student with well-written articles on various drugs, glue-sniffing and other narcotics, penalties, for sale, etc. and a glossary of terms commonly used. Excellent reference for teacher as well as student.

31. "Drug Abuse: The Empty Life" Albany County Mental Health Association, 1968	Pamphlet, Free, Secondary - Students, Teachers District Library

Describes facts and fallacies about drugs and their use. Informative and useful.

32. "Film Listings", Albany City Health Association, 1968	Pamphlet, Free, Secondary - Teachers, District Library

Listing of films available at no charge dealing with the drug problem.

33. "Narcotics", Narcotic Control Commission, 1968	Kit, Free, Secondary - Teachers, Students District Library

Contains five booklets and samples of the newspaper published by the commission. The five booklets are informative and well-written - on marijuana, barbiturates, LSD, amphetamines, patterns and profies of addiction and drug abuse. Good teacher source as well as student reference.

34. "Facts About Marijuana", Narcotics Foundation of America, 1968	Booklet, Secondary - Students, Teachers

Answers from various sources to most questions about marijuana. Quite complete.

35. "Drug Use Lecture" Audio Tape Mr. Paul - Pashley School 1969	Audio-tape, Free, Secondary - Students, Teachers

Begins with story about "Tommy" who is dead and vividly portrays experiences undergone by psychedelic drug users as well as narcotic and marijuana users. Brings out positive and optimistic ways to keep young people from drugs thru <u>teaching not preaching</u>. Highly listenable and effective, factual not emotional.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
36. "Facts About Heart and Blood Diseases" Local American Heart Association, 1968	Pamphlet, Free, Secondary - Teachers, District Library

Teacher source for facts about circulatory problems.

37. "High Blood Pressure" Heart Assn., Hudson Falls, 1968	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Teacher source on causes and effects of high blood pressure. Background material and knowledge when discussing circulatory system.

38. "Reduce Your Risk of Heart Attack" American Heart Assn., N.Y., N.Y. 1968	Pamphlet, Free, Secondary - Teachers, District Library

Teacher source for 7 conditions that can lead to heart attacks. Use as background material for preparation in discussing circulatory system and general nutrition.

39. "Strokes", American Heart Assn., Hudson Falls, 1969	Booklet, Free, Secondary - Teachers, District Library

Teacher source on causes, effects of strokes. Background information useful when discussing circulatory system.

40. "Viruses, Colds and Flu" Public Affairs Pamphlet N.Y., N.Y., 1966	Booklet, 1-9 copies 25¢ each Intermediate, Secondary - Students, Teachers

A very informative pamphlet dealing with colds and flu, looking into the whole spectrum of problems caused by this common illness.

41. "You and Diabetes" Upjohn Co., 1967	Booklet, Free, Intermediate, Secondary - Students, Teachers

A good reference for the whole story of diabetes. Includes information as to what it is, who gets it, the role of insulin and treatment of diabetes emergencies.

42. "Immunization For All", Public Affairs Pamphlet, 1967	Pamphlet, 28 pages, 1-99 25¢ each Intermediate, Secondary - Students, Teachers

Discusses natural and artificial immunization. Shows a chart on when to get immunizations and a look into the future of vaccines for dieases not now protected.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
43. "Memo to Parents About Immunization" Health and Welfare Div. Metropolitan Life, 1968	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Tables showing common childhood diseases, incubation period, prevention, control; immunization charts, also. Useful in health discussions.

44. "What Science Knows About Cancer" National Cancer Institute, 1967	Filmstrip, audio tape, Free, Intermediate, Secondary - Students, Teachers, One set in each nurse's office and District Library.

20-30 Minute long presentation. Its purpose is to arouse interest in research and control in the case of human cancer. It is designed to stimulate discussion. A bit lengthy for intermediate use. May be used without its audio tape and thus edited by teacher who wishes to shorten the presentation. The guide book accompanying this set gives each picture along with the audio tape will accompany it.

45. "Cancer Experiments On Mice" Elementary School Nurse's Office 1968	Slides, Free, Intermediate, Secondary - Students, Teachers

These slides were made by our district audio-visual specialist and are copies of slides used by a local doctor in illustrating his lecture. These slides are rather gruesome, but illustrate graphically the results of cigarette smoke by-products on mice.

46. "Cancer Cause and Prevention" U.S. Dept. H.E.W., Washington 1966	Booklet, 20¢, Intermediate, Secondary - Students, Teachers District Library

Discusses environmental factors, personal factors, occupational hazzards and research approaches in cancer.

47. "Science and Cancer" U.S. Dept. of H.E.W., Washington, 1969	Booklet, 60¢, Intermediate, Secondary - Students, Teachers, District Library

Presents the medical and biological aspects of the cancer problem, emphasizing the disease in man. Covers a wide range of topics including cells and organs, diagnosis, treatment, environmental hazards, immune response, nutrition and cancer, anti-cancer drugs, and the hope for ultimate victory over this disease.

48. "Progress Against Cancer 1969" U.S. Dept. H.E.W., Washington, 1969	Booklet, $1.50, Intermediate, Secondary - Students, Teachers, District Library

83 pages of complete and up-to-date information regarding all phases of current knowledge concerning all types of cancer. Probably the best source of information currently available for the teacher in our library.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
49. "Audio-Visual Catalog" American Cancer Society, N.Y.S. Division 1968-1969	Booklet, Free, Intermediate, Secondary - Teachers, District Library

Describes 16 mm color films and filmstrips available relating to cancer. Includes smoking films for young people as well as others.

50. "The Cancer Story" U.S. Dept. H.E.W., Washington, 1965	Booklet, 25¢, Intermediate, Secondary - Students, Teachers District Library

A simplified version of Science and cancer (also in our library) explaining the nature of cancer, how it is diagnosed, treated, and how science is learning more about it.

51. "Treating Cancer" U.S. Dept. H.E.W., Washington, 1967	Booklet, 20¢, Intermediate, Secondary - Students, Teachers District Library

Describes the three recognized methods of treating cancer: surgery, radiation and chemotherapy. Briefly discusses diagnosis of cancer and current research in the field of cancer therapy.

52. "A Teaching Guide - Science and Cancer" U.S. Dept. H.E.W., Washington, 1966	Booklet, 25¢, Intermediate, Secondary - Teachers only District Library

Intended to aid the teacher to make the most effective use of available teaching aids, to note additional materials that are readily available and to suggest activities that will make the study of cancer more meaningful. Contains an excellent bibliography.

53. "Reading on Cancer" An Annotated Biography - U.S.Dept. H.E.W. Washington, D.C. 20402, 1969	Booklet, 25¢, Intermediate, Secondary - Teachers Only, District Library

A summary of outstanding magazine, newspaper, journal, booklet and book sources dealing with various phases of the cancer problem. Excellent source for the teacher interested in ordering some of the available materials. Probably the best teacher source for materials dealing exclusively with cancer.

54. "Cancer of the Lung" American Cancer, 826 Union St., Sch'dy 1967	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library
55. "Anti-Smoking Posters" American Cancer Society, 1965-1968	Posters, Free, Intermediate, Secondary - Students, Teachers District Library

Four different posters for bulletin boards showing famous athletes in action with the words, "I don't smoke cigarettes" and one poster pointing out different "kinds" of teen-age smokers.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
56. "What's The Score?" TB-RD Assn. Eastern Mohawk Area 1966	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Single sheet showing 10 statements to be punched out TRUE or FALSE. Might be used before lesson to see how much is already known, or afterward as evaluation of lesson.

57. "Teen-Agers and Cigarettes" American Cancer Society, 1962	Pamphlet, Free, Secondary - Students, Teachers - District Library

Complete pamphlet of facts and figures on cigarette smoking and its related effects. Good background material for teachers.

58. "To Smoke or Not to Smoke" Channing L. Bete Co., 1968	Booklet, 1968, 1-99 25¢, Intermediate, Secondary - Students, Teachers, District Library

Cartoon-type pictures, short phrases and large type make this booklet interesting. Covers the whole smoking story from A-Z.

59. "The Facts About Smoking and Health" #1712 National Clearinghouse for Smoking and Health, 1968	Pamphlet, Single Copies Free, Secondary - Students, Teachers District Library

Teacher resource pamphlet on smoking and its effects. Background material when doing unit on smoking.

0. "Problems of Changing Attitudes and Actions on Smoking" National TB Association, 1964	Booklet, Free, Secondary - Students, Teachers - District Library

Two articles well written and interesting. One on "How Can We Change Attitudes and Actions on Smoking" and the other "Smoking and the Adolescent Peer Culture". Good <u>teacher</u> background material and secondary student reference.

1. "Smoking is for Squares" American Cancer Society, 1964	Single Sheet, Free, Secondary - Students, Teachers - District Library

Comic strip telling teens that Miss American Teen-ager and girls like her don't "flip" for guys who smoke.

2. "Where There's Smoke" American Cancer Society, 1968	Booklet, Free, Intermediate, Secondary -Students, Teachers, District Library

Comic book relating a boy's first try at smoking and what happens when he goes to a county fair where there is an exhibit on smoking.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
63. "Cigarettes", N.Y. State Dept. of Health, 1967	Pamphlet, Free, 1967, Intermediate, Secondary - Students, Teachers District Library

Dr. Ingraham, N.Y. State Com. of Health, answers 11 questions about smoking. Pass-out material and source for teachers.

64. "Smoking Hazards: Ed. Material available in N. Y. State", N.Y. State Interagency Com. on Hazards of Smoking, 1969	Booklet, 44 pages, Intermediate, Secondary - Students, Teachers District Library

A comprehensive book with annotated bibliography of all the literature, filmstrips, films, slides, visual materials, displays, dramatics, and promotional materials available for the writing, in New York State. Excellent reference for teacher, or student doing research.

65. "A Matter of Life and Death" National Congress of Parents and Teachers, 1968	Pamphlet, Free, Intermediate, Secondary - Teachers - District Library

Presents some facts and figures, as well as suggestions on how to keep your teen-ager from starting to smoke. Good for PTA groups, etc.

66. "Your Breathing Troubles, Understand Them, Face Them, Treat Them", TB-RD Assn., 1966	Booklet, Free, Intermediate, Secondary - Students, Teachers District Library

Covers the whole range of breathing disorders that are common to man. Discusses the function of the lungs and how trouble starts, its effect on the body, and what can be done to help the victim of breathing disorders.

67. "Catalog from Christmas Seal Association, Local Christmas Seal Association, 1968	Pamphlet, Free, Intermediate, Secondary - Teachers - District Library

A selection of publications and visual aids on TB and other respiratory diseases. Some on smoking particularly relevant.

68. "Emphysema - The Facts" American Heart Association 1967	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Discusses this deadly disease and its relationship with smoking. Covers cause, effect, treatment and prevention of emphysema.

69. "Cigarette Quiz" American Heart Assn., 1967	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

True-false quiz on 12 commonly heard statements about smoking. Answers inside. Promotes discussion in class.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
70. "Best Tip Yet: Don't Start" American Cancer Society 1968	Bookmarks, Free, Intermediate, Secondary - Students, Teachers District Library

Bookmarks with the title above printed on them. Good pass-out material for an anti-smoking discussion.

71. "Why Nick the Cigarette is Nobody's Friend" Supt. of Documents, 1966	Pamphlet, 10¢, Intermediate - Students, Teachers - District Library

Written for boys and girls in fourth and fifth grades on the dangers of smoking, illustrated.

72. "Smoking and Heart Disease" American Heart Association 1967	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Questions and answers about smoking and heart disease. Could be good for discussion in classes. Pass-out material.

73. "Here Is the Evidence" Rensselaer Cty. TB and Public Health, 1967	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Small pamphlet to pass out concerning what commercial advertising leads you to believe and what the true picture really is - on smoking.

74. "100,000 Doctors Have Quit Smoking" American Cancer Association, 1968	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Pass-out material in discussing smoking and why doctors have quit.

75. "Enjoy the Pleasures of Not Smoking", American Heart Association, 1967	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Cartoon pamphlet on the <u>pleasures</u> of <u>not</u> smoking. Good pass-out material.

76. "Your Teenage Children and Smoking" Superintendent of Documents, 1964	Pamphlet, 15¢, Intermediate, Secondary - Teachers - District Library

An informative pamphlet giving some practical answers to the questions of helping children never to smoke and helping children stop.

STRAND II - DISEASE PREVENTION

Title, Source, Publication Date	Type, Cost, Grade Level, Location
77. "You Can Quit Smoking" Supt. of Documents, 1966	Booklet, 15¢, Secondary - Students, Teachers - District Library

Addressed to teenagers who already are smoking and would like to quit. Presented very well and probably would be a good help to a teenager who really wants to quit.

78. "A Light on the Subject of Smoking" U.S. Govt. Printing Office, 1966	Booklet, 15¢, Intermediate, Secondary - Students, Teachers District Library

Written for 6th and 7th graders with facts about health and dangers of cigarette smoking. Illustrated. Presented in an interesting way. Quiz at end of booklet.

79. "Smoking, Health and You" U.S. Dept. of H.E. and W. Children's Bureau, 1967	Booklet, 15¢, Intermediate, Secondary - Students, Teachers District Library

Questions kids ask about smoking with good straight-forward answers in Part II. Part III denotes medical evidence for not smoking. Part I tells who and what prompted the Surgeon General's report.

80. "The Facts About Teenage Smoking" American Cancer Society, Parents Magazine 1968	Pamphlet, Free, Intermediate - Teachers, Secondary - Students, Teachers - District Library

Summarizes the statistics concerning cigarette smoking and also looks into best approaches for attempting to handle the problem of smoking with teen-agers.

81. "Experiments With Cigarette Smoke" Rosewell Park, Buffalo	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

This is a series of 5 simple experiments involving cigarette smoke, that can be done as classroom projects. Gives instructions on making simple smoking machine.

82. "The Fight Against VD" N.Y.S. Ed. Dept., 1968	Booklet, Free, Intermediate, Secondary - Teachers District Library

This is the teachers' manual for the filmstrip "The Fight Against VD". The filmstrip is a good secondary level presentation and should be of interest to intermediate teachers. The guide is for teacher use only and includes all the photos and narration included in the filmstrip.

83. "What You Should Know About Gonorrhea" N.Y.S. Dept. of Health, 1968	Booklet, Free, Itermediate, Teachers - Secondary - Teachers, Students, District Library

Discusses causes and treatment of this common veneral disease.

STRAND III - SEXUALITY

Title, Source, Publication Date	Type, Cost, Grade Level, Location
1. "You're Maturing Now" Science Research Associates, Inc., 1968	Booklet, Intermediate, Secondary - Students, Teachers - District Library

An informative straight-forward account of adolescence, boy and girl maturing, human cycle and responsible sexual decisions. Good beginning for discussions between child and teacher or adult.

2. "Family Life and Sex Education" CASDA-SUNY Albany, 1968-69	Booklet, Primary, Intermediate, Secondary - Teachers, Free - District Library

An annotated bibliography by Louis Wildman on Family Life and Sex Education. Reviews many current books, programs, films, etc.

3. "Health Guidance in Family Living and Sex Education" Glenn Educational Films, Inc., 1968	Pamphlet, Free, Primary, Intermediate, Secondary - Students, Teachers - District Library

A comprehensive series of color and sound filmstrips for boys and girls dealing with human sexuality. Preview sets available on a 10 day trial basis at no charge.

4. "Sex Education and My Child" Presbyterian Life, 1968	Magazine Article, $3.50 per year, Primary, Intermediate, Secondary - Teachers - District Library

Tells what a parent thinks and hopes for in the area of sex education. Asks some important questions.

5. "Film Resources for Sex Education" SIECUS, 1968	Booklet, Primary, Intermediate, Secondary - Teachers, District Library

Annotated list of films on sex education keyed to primary through adult levels.

6. "Growth Pattern and Sex Education" Broom County Comm. on Health Guidance in Sex Education, 1966	Booklet, 47 pages, Intermediate, Secondary - Teachers - District Library

Syllabus developed by a committee including clergy, teaching personnel, and medical society members for a program of continuing coordinated education in growth and sex.

7. "Family Life and Sex Education" Guidance Assoc.-Harcourt-Brace 1969	Booklet, Primary, Intermediate, Secondary - Teachers - District Library

Catalog of sound filmstrips on Family Life and Sex Education with a program synopsis of each filmstrip described.

STRAND III - SEXUALITY

Title, Source, Publication Date	Type, Cost, Grade Level, Location
8. "Human Living and Sex Education" Creative Visuals, 1969	Booklet, Primary, Intermediate, Secondary - Teachers - District Library

Catalog of overhead transparencies for human living and sex education.

9. "Sex Invades the Schoolhouse" Saturday Evening Post - 1968 (June 29)	Magazine Article, 35¢, Primary, Intermediate, Secondary - Teachers District Library

Tells of many sex instruction courses now in use, gives pros and cons of several.

10. "Sex Education: Issues and Directions" Philosophical Library, Inc.	Pamphlet, Primary, Intermediate, Secondary - Teachers, District Library

Describes contents of a $15.00 book available - (covers all views on making sex education part of the curriculum).

11. "Story of Birth" Bailey Films 1967	Pamphlet, Primary - Teachers, District Library

Describes the filmstrip "The Story of Birth". Gives purposes, pre and post showing suggestions along with suggested readings.

12. "Teacher's Resource Booklet on Beginning the Human Story: A New Baby in the Family" Scott-Foresman, 1967	Booklet, Primary - Teachers District Library

Gives concepts to be developed from set of 12 charts depicting preparing for a new baby in the family. Also includes bibliography for teachers and children related to topic. Sample of Chart 10 included.

13. "Sex Education" T. Schottman 1967	Booklet, Free, Primary, Intermediate - Teachers, District Library

Describes how sex education programs may be set up.

14. "The Gift of Life" N.Y. State Dept. of Health, 1966	Booklet, Free, Intermediate - Students, Teachers - District Library

Describes in simplified pictures and words sex and how life starts.

15. "Blondie" N.Y.S. Dept. of Mental Hygiene, 1966	Booklet, Free, Intermediate - Students, Teachers - District Library

Comic book relating four solutions to the Bumstead family problems.

STRAND III - SEXUALITY

Title, Source, Publication Date	Type, Cost, Grade Level, Location
16. "Siecus Newsletter" Siecus 1968 (Winter Issue)	Pamphlet - 4 issues $4.50 - Primary, Intermediate, Secondary - Teachers, District Library

Describes workshops, books, journals, magazine articles, pamphlets, audio-visual aids, reprints, etc. available from SIECUS and other sources all on subjects relating to sexuality and family life education.

17. "How Babies are Made" General Learning Corp. 1968	Pamphlet, Free, Primary, Intermediate - Teachers, District Library

Describes slides, filmstrip, record, and book available on topic of title.

18. "Mental Health Unit K-6" Bethlehem Central School 1968-69	Booklet, Primary, Intermediate - Teachers, District Library

Curriculum guide for teachers covering sex attitudes, differences, terminology, teaching aids and bibliographies.

19. "Beginning of the Human Story A New Baby in the Family" Scott-Foresman, 1967	Pamphlet, Free, Primary - Teachers, District Library

Describes 12 full color photographic charts that help teachers clarify family life in an inner city Puerto Rican family from the time the 2 older children are told that a new baby is coming through the baby's first year.

20. "A Doctor Talks to 9-12 Year Olds" Available through doctor's offices, 1967	Booklet, $1., Intermediate - Students, Teachers, District Library

Describes complete story of family life - biological, growing up and feelings related to it.

21. "Strictly Feminine" Personal Products Co., 1969	Booklet, Free, Intermediate, Secondary - Students, Teachers

Describes menstruation and topics concerned with it.

22. "Growing Up and Liking It" Personal Products Co., 1969	Booklet, Free, Intermediate, Secondary - Students, Teachers District Library

Describes menstruation, grooming during menstruation, exercises and includes a means of sending for a personal hygiene kit.

23. "How Shall I Tell My Daughter" Personal Products Co., 1968	Booklet, Intermediate - Teachers Free, District Library

Preparation to help adult cope with questions about menstruation.

STRAND III - SEXUALITY

Title, Source, Publication Date	Type, Cost, Grade Level, Location
24. "An Apple A Day" State Ed. Dept., 1969	Pamphlet, Free, Intermediate, Secondary - Teachers, District Library

Describes seven video tapes available: Environmental Health, Public Health, World Health, Epidemiology, and Consumer Health.

25. "The Fight Against VD" N.Y. State Ed. Dept., 1968	Booklet, Intermediate, Secondary - Teachers, District Library

This is the teacher's manual for the filmstrip "The Flight Against VD". The filmstrip is a good secondary level presentation and should be of interest to Intermediate teachers. The guide is for teacher use only and includes all the photos and narration included in the filmstrip.

26. "What You Should Know About Gonorrhea" N.Y.S. Dept. of Health, 1968	Booklet, Free, Intermediate - Teachers, Secondary, Secondary - Teachers, Students, District Library

Discusses causes and treatment of this most common of all venereal diseases.

47. "What You Should Know About Syphilis" N.Y.S. Dept. of Health", 1968	Booklet, Free, Intermediate - Teachers Only, Secondary - Teachers, Students - District Library

Discussion of courses and treatment of this very common venereal disease.

STRAND IV - CONSUMER HEALTH

Title, Source, Publication Date	Type, Cost, Grade Level, Location
FDA Fact Sheet, U.S. Dept. of Health, Education and Welfare Fall, 1968	Pamphlet, Free, Intermediate, Secondary - Teachers, District Library

List of inexpensive materials on food, drugs, consumer information available for health education classes.

STRAND V - SAFETY, FIRST AID

Title, Source, Publication Date	Type, Cost, Grade Level, Location
1. "ABC's of School Safety" Channing L. Bete Co., 1967	Booklet, 25¢ for 1-99, Primary - Teachers, Intermediate - Students, Teachers, District Library

101 safety ideas for protecting yourself. It covers safety practices for conduct in school, in the school yard, and going to and from school. Cartoon pictures.

2. "Safety Education - Including First Aid" State Education Dept., 1958	Booklet, Free, Primary - Teachers Intermediate - Teachers, District Library

Includes materials relative to the teaching of safety and first aid. Includes facts concerning child accidents and references for teachers and pupils. Should be read by any teacher K-6 who intends to teach safety and/or first aid.

3. "Safety Tips" In-On-And Around the Water" U.S. Dept. of Health, Education and Welfare	Pamphlet, Free in limited amounts. Intermediate, Secondary - Students, Teachers, District Library

Wallet size pamphlet of water safety tips which covers "Drownproofing" technique which is now being taught all naval personnel. It is a simple, effective method for long term survival in the water.

4. "Learn to Swim" American Red Cross, 1966	Pamphlet, Intermediate, Secondary - Students, Teachers, District Library

Covers various Red Cross swimming programs as to ages and areas covered. Includes all levels from Beginner to Water Safety Instructor

5. "What's Your Home Safety Score" N.Y. State Health Dept.	Pamphlet, Free, Primary, Intermediate - Students, Teachers District Library

A check list and score sheet for safety hazards within the home. Easy to use and quite well done. Good starting point for safety education discussion of home problems.

6. "You're Safer in a Seat Belt" N.Y.S. Dept. of Health, 1968	Pamphlet, Free, Primary - Teachers, Intermediate, Secondary - Students, Teachers, District Library

Discusses use of and statistics about auto seat belts. Condenses topic rather well and answers most objections to wearing seat belts.

7. "How to Restore the Breath of Life" Health and Welfare Division of Metropolitan Life	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Covers 4 steps for mouth-to-mouth rescue breathing. Should be carried in every wallet.

STRAND V - SAFETY, FIRST AID

Title, Source, Publication Date	Type, Cost, Grade Level, Location
8. "The Sinister Garden" Wyeth Laboratories, 1968	Booklet, Free, Primary - Teachers, Intermediate, Secondary - Students, Teachers, District Library

A guide to the most common poisonous plants including house plants, vegetable garden plants, flower garden plants, ornamentals, field plants, trees and shrubs, marsh plants and forest plants

9. "To Save A Life - Breathing For Others" Heart Association - 1967	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

Describes completely and concisely, including diagrams, the method of applying mouth-to-mouth resuscitation to victims of accident or illness.

10. "First Aid Facts" Johnson and Johnson, 1969	Poster, Free, Intermediate, Secondary - Students, Teachers District Library

Poster designed to be taped in a conspicious place covering First Aid procedure for common household emergencies. Has space for emergency phone numbers.

11. "Facts and Characteristics of Poisonous Weeds" Eli Lilly and Co. 1964	Pamphlet, Free, Primary, Intermediate, Secondary - Students, Teachers, District Library

Covers questions about and identification of: poison ivy, poison oak, Western Poison Oak, poison sumac. Makes a good bulletin board piece.

12. "A Quick Reference Guide For First Aid Now" Johnson and Johnson, 1968	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

This guide emphasizes the four basic fundamentals of an emergency.

1. Is he breathing?
2. Is he bleeding?
3. Has he any broken bones?
4. Is he burned?

13. "First Steps to First Aid" Johnson and Johnson	Pamphlet, Free, Intermediate, Secondary - Students, Teachers District Library

This packet size pamphlet serves as a quick reference guide to common emergencies - the 4 B's - breathing, bleeding, broken bones, burns. Shock, poisoning, cuts and abrasions, puncture wounds, dislocations and sprains are also covered.